## Waiver

## 2017 Rocky Mountain Cross Country Training Camp YMCA of the Rockies Estes Park, CO

Please fill this out and mail to Coach Jim Smith, 4 Merriam Ave., Shrewsbury, MA 01545

Please read and have your parent(s) sign the following waiver.

I understand that there are risks in any kind of physical activity, be it running, swimming, rafting, or other activities at this running camp. While every precaution will be taken to ensure a completely safe and enjoyable experience for all concerned, sometimes accidents happen. The camp will take place at approximately 7,500 feet and on some of the running/hiking trails in the National Park. Therefore, knowing the risks, I agree that my son/daughter and I do hereby release the Rocky Mountain Cross Country Camp directors and staff, the YMCA of the Rockies and the US Forest Service of any liability or expense in case of an accident.

Also, I further give my consent, in case of emergency, to permit my son/daughter to be treated by the local doctors in case the camp cannot reach anyone in said emergency.

I also grant the Rocky Mountain XC Camp permission to use camp photos of my son/daughter, either individually or in a group, in any of the camp photos given to the camp participants or used in promoting the Rocky Mountain Cross Country Camp. Finally, I also grant the Training Camp permission to transport my son to and from camp at the YMCA facility in Estes Park and on day trips (rafting, into town, to Boulder, into the National Park).

Print Name of Student
Signature of Parent or Guardian
(Please print your name as well)
Today's Date